What I understood. What I still need.

Use after a lesson or conversation

Write the main idea in your own words. Mark what is clear and what needs another explanation. Asking again is allowed.

The main idea

_____

_____

An example that makes sense to me

_____

_____

What I still want explained

_____

_____

How I would like it explained

[ ] Short checklist [ ] Step-by-step example
[ ] Picture or diagram [ ] More detailed sources
My next question: _____

General education, not an assessment or individualized plan. Discuss treatment changes with a qualified clinician who knows your child. Do not share identifying details in public requests.

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