Questions to bring to a source

Start with the claim

What exactly is the page or paper claiming? Is it describing an observation, suggesting an explanation, or recommending an action? Copy the source title and link for your own notes.

Look for what supports it

[ ] Who wrote it, and when?
[ ] Does it link to the original source?
[ ] Who or what was studied?
[ ] What was actually measured?
[ ] What limits or unknowns are stated?

Keep the question open

A source can be useful without answering every question. If an important limit is missing, ask for it rather than filling the gap with a guess. Discuss possible treatment changes with the qualified professional who knows your child.

My next question

Source: _____
What I want clarified: _____
_____

General education, not an assessment or individualized plan. Discuss treatment changes with a qualified clinician who knows your child. Do not share identifying details in public requests.

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