# Latency recording sheet

Time how long it takes to start after an instruction, when how fast it starts is the question.

1. Say the instruction once, in the same words each time.
2. Start timing when you finish speaking. Stop at the first move you defined.
3. Write the seconds. Shorter is the goal.
4. No start within your limit, say 2 minutes? Write the limit and note it.

Learner (initials or a code) _____ Instruction, said once _____ First move that counts _____

The grey row is a made-up example.

| Date | Time said | Time started | Seconds | Notes |
|---|---|---|---|---|
| *9/23* | *4:00:00* | *4:01:30* | *90* | *Pencil on paper* |
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