The four steps card

One skill, one learner, one card. Fill the top, run the steps in order, and stop when the learner does it right three times in a row without help. How to use it: the lesson.

Learner: _____ Trainer, date: _____

The skill, in five steps or fewer (what a camera would see):

_____

1 **Tell**
Under two minutes. What it is, why it matters, the steps.

2 **Show**
Do it at ordinary speed, narrating each step. A video counts as show, not as try.

3 **Try**
They do it while you watch. Do not rescue them mid-attempt.

4 **Feedback**
One thing right, one thing to change. Then go again.

Attempts. Tick a box when they do it right without help. Done at three in a row.

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Source: Parsons, Rollyson & Reid, Behavior Analysis in Practice 5(2), 2012.

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