Duration recording sheet

Time how long a behavior lasts, when how long matters more than how often.

1. Write a start rule and an end rule first, such as “ends after 10 seconds of calm.”
2. Write the time each episode starts and stops.
3. Seconds = stop minus start. Add them up for the session total.
4. Total ÷ session length × 100 = the percent of the session it filled.

Learner (initials or a code) _____ Behavior _____ Observer _____

Start rule and end rule

The grey row is a made-up example.

Date	Episode	Start	Stop	Seconds	Notes
9/23	*1*	*10:02:10*	*10:04:40*	*150*	*Began at clean-up*

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